

## **DON'T BE A VICTIM!**

### **Protect Yourself and Always:**

- Walk, ride, or jog with a partner.
- Avoid dark, isolated places — don't walk or park there.
- Be alert, look around.
- Keep at least one hand free — don't carry bulky purses or parcels.
- When alone, avoid wearing headphones or talking on your cell phone.
- Late at night, have someone meet you at the bus or train station. Have the taxi driver watch while you enter your home.
- On public transportation, try to use the busiest, best-lit stop possible, both to get on and off the bus or train. When waiting for a train, stay close to other people in the most well lit area of the stations. When on the train or bus, sit near the driver or operator.
- After dark, tell family and friends when to expect you and how you will be traveling.
- When at a bar, never lose sight of your drink.
- Have your house and car keys out and ready to use.
- Follow your instincts — if you feel threatened, go to the nearest open store or business. Call 911 immediately.

### **Remember:**

- There is safety in numbers.
- Ignoring your instincts is not worth the risk.
- Don't be afraid or too shy to ask someone to walk you to your car or home.
- Adopt a frame of mind that allows you to recognize and avoid potential threats on the street.

**YOU have the power...the community is your strength!**